



SUMMER RETREATS WITH AMMA

CASTRO VALLEY, CALIFORNIA

This retreat will be held on: Wednesday, June 12th * Thursday, June 13th * Friday, June 14th

Fees:

EARLY REGISTRATION RETREAT FEES - BEFORE MIDNIGHT ON JUNE 10 TH		
<i>Double Occupancy (2 nights)</i>	<i>With Accommodations</i>	<i>Without Accommodations</i>
Adults	\$475	\$275
Teens 13-17	\$405	\$205
Ages 6-12	\$360	\$160
5 and under	\$260	\$50
Single Occupancy Adult (2 nights)	\$680	

STANDARD RETREAT FEES - AFTER MIDNIGHT ON JUNE 10 TH		
<i>Double Occupancy (2 nights)</i>	<i>With Accommodations</i>	<i>Without Accommodations</i>
Adults	\$515	\$315
Teens 13-17	\$445	\$245
Ages 6-12	\$400	\$200
5 and under	\$260	\$50
Single Occupancy Adult (2 nights)	\$720	

Note: The Early Registration Fees increase by \$40 per person at midnight on **June 10th**, so please be sure to register before then to get the reduced rates.

Note: If registering through MA Center, the hotel rate for the public program nights (June 8, 9, 10, 11 and 14) is \$206 per night, per room.

TENTATIVE RETREAT SCHEDULE

Day One		Day Two (continued)		Day Three	
5:00pm	Check-In Begins	10:00am	Darshan	6:30-7:45am	Amrita Yoga
6:00 pm & 10:30pm	Dinner	11:00am - 1:00pm	Amrita Yoga	7:30-9:00am	Breakfast
7:00pm	Orientation	12:30-3:00pm	Lunch	9:00-10:00am	Class with Swamiji
7:30pm	Satsang	10 min. after Amma leaves the hall.	Video of Morning Class	10:00am	Darshan
8:00pm	Amma Satsang & Bhajans followed by Darshan	5:15pm	Bhajan Class	11:00am - 1:00pm	Amrita Yoga
Day Two		6:30-7:45pm	Meditation and Q&A with Amma	12:30-3:00 pm	Lunch
		7:45-8:45pm	Dinner served by Amma	10 min. after Amma leaves the hall	Video of Morning Class
6:30-7:45am	Amrita Yoga				
7:30-9:00am	Breakfast	9:00pm	Satsang and Bhajans. Darshan for those who didn't go in the morning.	7:00pm	Atma Puja
9:00-10:00am	Class with Swamiji			8:30pm	Dinner
				9:00pm	Devi Bhava darshan