



# SUMMER RETREATS WITH AMMA

## CASTRO VALLEY, CALIFORNIA



This retreat will be held on: Sunday, June 4<sup>th</sup> \* Monday, June 5<sup>th</sup> \* Tuesday, June 6<sup>th</sup>.

### Fees:

EARLY REGISTRATION RETREAT FEES - BEFORE MIDNIGHT ON JUNE 2 <sup>ND</sup>		
<i>Double Occupancy (2 nights)</i>	<i>With Accommodations</i>	<i>Without Accommodations</i>
<b>Adults</b>	\$445	\$255
<b>Teens 13-17</b>	\$375	\$185
<b>Ages 6-12</b>	\$330	\$140
<b>5 and under</b>	\$235	\$50
<b>Single Occupancy Adult (2 nights)</b>	\$630	

STANDARD RETREAT FEES - AFTER MIDNIGHT ON JUNE 2 <sup>ND</sup>		
<i>Double Occupancy (2 nights)</i>	<i>With Accommodations</i>	<i>Without Accommodations</i>
<b>Adults</b>	\$485	\$295
<b>Teens 13-17</b>	\$415	\$225
<b>Ages 6-12</b>	\$370	\$180
<b>5 and under</b>	\$235	\$50
<b>Single Occupancy Adult (2 nights)</b>	\$670	

**Note:** The Early Registration Fees increase by \$40 per person at midnight on **June 2<sup>nd</sup>**, so please be sure to register before then to get the reduced rates.

**Note:** If registering through MA Center, the hotel rate for the public program nights (May 30, 31, June 1, 2, 3 and 6) is \$184 per night, per room.

### TENTATIVE RETREAT SCHEDULE

Day One		Day Two (continued)		Day Three	
3:00 pm	Check-In Begins	10:00 am	Darshan	7:30-8:15 am	Guided meditation
6:00 pm & 10:00 pm	Dinner	12:30-3:00 pm	Lunch	7:15-9:00 am	Breakfast
7:00 pm	Orientation	10 min. after Amma leaves the hall.	Video of Morning Class	9:00-10:00 am	Class with Swamiji
<b>Day Two</b>		5:15 pm	Bhajan Class	10:00 am	Darshan
		6:30-7:45 pm	Meditation and Q&A with Amma	12:30-3:00 pm	Lunch
7:30-8:15 am	Guided meditation	10 min. after Amma leaves the hall	Video of Morning Class	10 min. after Amma leaves the hall	Video of Morning Class
7:15-9:00 am	Breakfast	7:45-8:45 pm	Dinner served by Amma	7:00 pm	Atma Puja
9:00-10:00 am	Class with Swamiji	9:00 pm	Satsang and Bhajans. Darshan for those who didn't go in the morning.	8:30 pm	Dinner (last meal)
				9:00 pm	Devi Bhava darshan